

Ensure a healthy future for your child with a metabolic screening test

Is your child 10+ years old with a BMI above the 85th percentile?

Overweight children are at higher risk for metabolic disorders like Type 2 diabetes, high cholesterol, and fatty liver disease. Early screening allows for timely intervention and management.

Metabolic screening test includes:

- **Paediatric consultation:**
Thorough check-up and assessment by our experienced paediatricians
- **Blood tests:**
Glucose tolerance, Glycated Hb, Lipid Screen, Thyroid Function, Liver Function, Insulin, Full Blood Count
- **Dietetic consultation (1 session)**
 - Assessment on nutritional status and dietary intake
 - Tailored dietary strategies and recommendations to address nutritional concerns

Personalized treatment plans including lifestyle modifications, exercise prescriptions / physical activity plans, and dietary changes can improve long-term health outcomes and reduce the risk of developing serious health complications later in life.

\$ 632.20 (including 9% GST)



Scan here to
find out more

Schedule your child's metabolic screening test today!

 Contact us at +65 6229 5849

 pepc@parkwayeast.com.sg



Dr Alison Snodgrass is a general paediatrician with over 20 years of experience. She was a consultant paediatrician at KKH before joining Parkway East Paediatric Clinic.

Dr Alison has a special interest in preventive healthcare for children and adolescents, including sports medicine, adolescent mental health, obesity/metabolic disease and child safety.



Address:

#03-07, 319 Joo Chiat Place, Parkway East Medical Centre, Singapore 427989



Hotline:

+65 6229 5849



Website:

www.parkwayeast.com.sg/parkway-east-paediatric-clinic



Scan here to find out more about Dr Alison



Dr Jeanette Tan is an experienced paediatrician and was a consultant paediatrician at KKH before joining Parkway East Paediatric Clinic.

Dr Jeanette specialises in general paediatrics, which includes new-born and well-baby screening, childhood immunisation, growth, nutrition and developmental assessment of children, and the management of common childhood diseases.



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